

Together in faith, we are:
ADVANCING OUR CHURCH THROUGH CHALLENGING TIMES



Session One Recap:

ENGAGING YOUNG ADULTS

- COVID- 19's impact is causing young adults to feel alone, isolated, and anxious. By connecting virtually parishes can begin to combat these negative effects. To engage young people or keep them engaged, parishes should keep their online presence updated.
- There are intergenerational opportunities for engaging Young Adults. Adults who are established in their career have the opportunity to mentor and assist young adults who are struggling right now. Young Adults have the gift of understanding technology and can help older parishioners get connected and help their parish drive their online presence.
- Parishes shouldn't shy away from inviting young parishioners to get more involved and dive deeper, get creative. People want to do something. Some young people may be more willing to venture out, parishes have an opportunity to use this energy to help the greater community.
- It is important not to assume where people are mentally right now. No one is going to get through this alone. Relationships are key. Doing one on one ministry through phone calls or video conferencing is where many pastors are spending their time.
- When it comes to reopening we must be willing to be patient as well as willing to try and fail to see what will work best for each parish during these unprecedented times. Be flexible, young adults will be less apt to sign up for a specific mass time. We need to come out of ourselves in prayer. We need each other, patience and kindness are key.